

GYMNASIUM SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>FITNESS · ENRICHMENT · ARTS · ATHLETICS</p> <p>PORTSMOUTH</p> <p>RECREATION DEPARTMENT</p>						<p>1</p> <p>6:00-8:45 am Court 1 is reserved for basketball 10:30-12:30: Pickleball 12:30-8: 1 court for hoops 5:30-7:30: 1 court is reserved for volleyball</p>
<p>3</p> <p>10:00am-4:00pm Court 1 reserved for basketball</p>	<p>4</p> <p>6:00-8:45 am court 1 is reserved for hoops 10:30-12:30 pickleball 12:30-5:00 court is reserved for hoops 5-8pm full court hoops</p>	<p>5</p> <p>6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickleball 12:00-5:30 pm Court 1 reserved for basketball 5:30: full court volleyball</p>	<p>6</p> <p>6:00-8:45 am Court 1 reserved for basketball 10:30-12:30 pm Pickleball 12:30-8:00 pm Court 1 reserved for basketball</p>	<p>7</p> <p>6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickleball 12:00-6:30 pm Court 1 reserved for basketball 7:00 PM: MEN'S LEAGUE</p>	<p>8</p> <p>6:00-6:45 am court 1 is reserved for basketball 10:30-12:30 pickleball 12:30-8: 1 court for hoops 5:30-7:30 pm 1 court is reserved for volleyball</p>	<p>9</p> <p>7-8 am: 1 court for hoops 10am-4 pm: 1 court for hoops</p>
<p>10</p> <p>10:00 am - 4:00 pm 1 court is reserved for basketball</p>	<p>11</p> <p>CLOSED TODAY</p> <p>VETERANS DAY</p>	<p>12</p> <p>6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickleball 12:00-5:30 pm Court 1 reserved for basketball 5:30-7:30 pm FULL COURT VOLLEYBALL</p>	<p>13</p> <p>6:00-8:45 am Court 1 reserved for basketball 10:30-12:30 pm Pickleball 12:30-8:00 pm Court 1 reserved for basketball</p>	<p>14</p> <p>6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickleball 12:00-6:30 pm Court 1 reserved for basketball 7:00 PM: MENS LEAGUE</p>	<p>15</p> <p>6:00-8:45 am Court 1 reserved for basketball 10:30-12:30 pm Pickleball 12:30-8:00 pm Court 1 reserved for basketball 5:30-7:30 pm Court 2 pick up volleyball</p>	<p>16</p> <p>7-8 am: 1 court for hoops 10am-4 pm: 1 court for hoops</p>
<p>17</p> <p>10:00am-4:00pm Court 1 reserved for basketball</p>	<p>18</p> <p>6:00-8:45 am court 1 is reserved for hoops 10:30-12:30 pickleball 12:30-5pm: court 1 is reserved for basketball 5-8 pm: FULL COURT HOOPS</p>	<p>19</p> <p>6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickleball 12:00-5:30 pm Court 1 reserved for basketball 5:30-7:30 pm FULL COURT VOLLEBYALL</p>	<p>20</p> <p>6:00-8:45am: Court 1 is reserved for basketball 10:30-12:30 pm: pickleball 12:30-8:00 pm: Court 1 reserved for basketball</p>	<p>21</p> <p>6:00-8:45 am Court 1 is reserved for basketball 9:00am-12 pm: Pickleball 12:00-6:30 pm court 1 reserved for basketball 7:00 PM: MENS LEAGUE</p>	<p>22</p> <p>6:00-8:45 am Court 1 is reserved for basketball 10:30-12:30: Pickleball 12:30-8 pm court 1 is reserved for hoops 5:30-7:30 court 2 is pick up volleyball.</p>	<p>23</p> <p>7-8 am: 1 court for hoops 10am-4 pm: 1 court for hoops</p>
<p>24</p> <p>10:00am-1:00pm Court 1 reserved for basketball</p>	<p>25</p> <p>6:00-8:45 am court 1 is reserved for hoops 10:30-12:30: pickleball 12:30-5 pm: Full court hoops</p>	<p>26</p> <p>6-8:45 am: 1 court is reserved for hoops 9am-12pm: Pickleball 12-5:30: 1 court hoops 5:30-7:30pm: full court volleyball</p>	<p>27</p> <p>6:00-8:45 am: 1 court is reserved for basketball 10:30-12:30: Pickleball 12:30-8:00 pm: 1 court is reserved for basketball</p>	<p>28</p> <p>CLOSED THANKSGIVING DAY</p>	<p>29</p> <p>CLOSED FOR THANKSGIVING CITY HOLIDAY</p>	<p>30</p> <p>7-8 am: 1 court for hoops 10am-4 pm: 1 court for hoops</p>

Gym Time Descriptions

- **PICKLEBALL** - Held in the gymnasium five mornings a week, check the schedule for exact times. This is pick-up play - a sign up board is used for players to create teams and players rotate each game. Free for Spinnaker members, or drop in rate of \$5.00 for non-members during the scheduled pickleball times.
- **PICK UP VOLLEYBALL** - Come and play co-ed volleyball on Tuesday and Friday nights in the gymnasium. Everyone is welcome to play. Free for Spinnaker members, or drop in rate of \$5.00 for non-members. TUESDAY IS BOTH COURTS!
- **OPEN COURT BASKETBALL**- One court open for basketball during open gym hours seven days a week. Check front schedule for days and times. Free for Spinnaker members, non-members pay regular drop-in rate (\$5 for residents, \$10 for nonresidents).
- **OPEN COURT PICKLEBALL** - During non-scheduled pickleball times and during open court, the gym is available for pickleball. Two courts maximum may be used for pickleball during open gym hours. Free for Spinnaker members, non-members pay regular drop-in rate (\$5 for residents, \$10 for nonresidents). There is no guarantee a court will be open for play as it is first come, first serve for any sport. If people are waiting the court is limited to 1 hour.
- **MEN'S BASKETBALL LEAGUE** - Games played at 7:00 pm on Monday and Thursday nights in the fall and winter months. The gymnasium is closed for the league only on these nights. Check schedule for exact dates.

Please be respectful of the exercise classes that take place in the gym.