

GYMNASIUM SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2 6:00-8:45 am court 1 is reserved for hoops 10:30-12:30 pickleball 12:30-5pm: court 1 is reserved for basketball 5-8 pm: FULL COURT HOOPS	3 6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickleball 12:00-5:30 pm Court 1 reserved for basketball 5:30: full court volley	4 6:00-8:45 am Court 1 reserved for basketball 10:30-12:30pm Pickle 12:30-8:00 pm Court 1 reserved for basketball	5 6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickle 12:00-6:30 pm Court 1 reserved for basketball 7:00 PM: MEN'S LG	6 6:00-8:45 am Court 1 is reserved for basketball 10:30-12:30: Pickleball 12:30-8: 1 court for hoops 5:30-7:30: 1 court is reserved for volleyball	7 7-8 am - Court 1 reserved for basketball 10am-4pm: 1 court is for hoops
8 10:00am-4:00pm Court 1 reserved for basketball	9 6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm full court hoops	10 6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm full court volleyball	11 6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm 1 court is reserved for basketball	12 6:00 am - 5:00 PM: GYM IS CLOSED 5-6:45 pm: 1 court for hoops 7:00 PM: MENS LG.	13 6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm: 1 court is reserved for volleyball	14 7-8 am: 1 court for hoops 10am-4 pm: 1 court for hoops
15 10:00 am - 4:00 pm 1 court is reserved for basketball	1 6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm full court hoop	17 6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm full court volleyball	18 6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm 1 court is reserved for basketbal	19 6:00 am - 5:00 PM: GYM IS CLOSED 5-6:45 pm: 1 court for hoops 7:00 PM: MENS LG.	20 6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm: 1 court is reserved for volleyball	21 7-8 am: 1 court for hoops 10am-4 pm: 1 court for hoops
22 10:00am-4:00pm Court 1 reserved for basketball	23 6:00-8:45 am court 1 is reserved for hoops 10:30-12:30 pickleball 12:30-5pm: court 1 is reserved for basketball 5-8 pm: FULL COURT HOOPS	24 6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickleball 12:00-5:30 pm Court 1 reserved for basketball 5:30-7:30 pm FULL COURT VOLLEBYALL	25 CLOSED FOR CHRISTMAS HOLIDAY	26 6:00-8:45 am Court 1 reserved for basketball 9:00-12:00 pm Pickle 12:00-6:30 pm Court 1 reserved for basketball 7:00 PM: MEN'S LG	27 6:00-8:45 am Court 1 is reserved for basketball 10:30-12:30: Pickleball 1230-8 pm court 1 is reserved for hoops 5:30-7:30 court 2 is pick up volleyball.	28 7-8 am: 1 court for hoops 10am-4 pm: 1 court for hoops
29 10:00am-1:00pm Court 1 reserved for basketball	30 6:00-8:45 am court 1 is reserved for hoops 10:30-12:30: pickleball 12:30-5 pm: court 1 is for hoops. 5-8 pm: FULL COURT HOOPS	31 6-8:45 am: 1 court is reserved for hoops 9am-12pm: Pickleball 12-5:30: 1 court hoops 5:30-7:30pm: full court volleyball	<h1>DECEMBER</h1> <h1>2024</h1>		FITNESS · ENRICHMENT · ARTS · ATHLETICS PORTSMOUTH RECREATION DEPARTMENT	

Gym Time Descriptions

- **PICKLEBALL** - Held in the gymnasium five mornings a week, check the schedule for exact times. This is pick-up play - a sign up board is used for players to create teams and players rotate each game. Free for Spinnaker members, or drop in rate of \$5.00 for non-members during the scheduled pickleball times.
- **PICK UP VOLLEYBALL** - Come and play co-ed volleyball on Tuesday and Friday nights in the gymnasium. Everyone is welcome to play. Free for Spinnaker members, or drop in rate of \$5.00 for non-members. TUESDAY IS BOTH COURTS!
- **OPEN COURT BASKETBALL**- One court open for basketball during open gym hours seven days a week. Check front schedule for days and times. Free for Spinnaker members, non-members pay regular drop-in rate (\$5 for residents, \$10 for nonresidents).
- **OPEN COURT PICKLEBALL** - During non-scheduled pickleball times and during open court, the gym is available for pickleball. Two courts maximum may be used for pickleball during open gym hours. Free for Spinnaker members, non-members pay regular drop-in rate (\$5 for residents, \$10 for nonresidents). There is no guarantee a court will be open for play as it is first come, first serve for any sport. If people are waiting the court is limited to 1 hour.
- **MEN'S BASKETBALL LEAGUE** - Games played at 7:00 pm on Monday and Thursday nights in the fall and winter months. The gymnasium is closed for the league only on these nights. Check schedule for exact dates.

Please be respectful of the exercise classes that take place in the gym.