

# GYMNASIUM SCHEDULE

## JANUARY 2025

FITNESS · ENRICHMENT · ARTS · ATHLETICS

### PORTSMOUTH

RECREATION DEPARTMENT

**CLOSED  
HAPPY  
NEW YEAR!**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				6:00-4:00 pm: CLOSED 4-6:00 pm: 1 court reserved for hoops. 7:00 PM: MEN'S LG	6:00-4:00 pm: CLOSED 5:30-7:30: 2 courts are reserved for volleyball	7-8 am - Court 1 reserved for basketball 10am-4pm: 1 court is for hoops
				8	9	10
				6:00 am - 5:00 PM: GYM IS CLOSED 5-6:45 pm: 1 court for hoops 7:00 PM: MENS LG.	6:00 am - 5:00 PM: GYM IS CLOSED 5-8pm: 1 court is reserved for volleyball	7-8 am: 1 court for hoops 10am-4 pm: 1 court for hoops
				12	13	14
				10:00 am - 4:00 pm 1 court is reserved for basketball	6:00-8:45 am court 1 is reserved for hoops 10:30-12:30 Pickleball 12:30-5 pm: court 1 is reserved for basketball 5-8pm full court hoop	6:00 -9:00 am: 1 court reserved for hoops 9:00-12:30: pickleball 12:30-5:00PM: 1 court is reserved for hoops 5:00-8:00 pm: full court volleyball
				15	16	17
				6:00-8:45 am: 1 court is reserved for basketball 10:30-12:30: Pickleball 12:30-8:00 pm: 1 court is reserved for hoops	6-8:45 am: 1 court is reserved for basketball 9:00-12:00: Pickleball 12-6:30 PM: 1 court is reserved for hoops. 7:00 PM: MENS LG.	6-8:45 am: 1 court is reserved for hoops 10:30-12:30: Pickleball 12:30-8:00 pm: 1 court is for hoops 5-8pm: 1 court is reserved for volleyball
				19	20	21
				10:00am-4:00pm Court 1 reserved for basketball	<b>CLOSED TODAY FOR CITY HOLIDAY.</b>	6:00 -9:00 am: 1 court reserved for hoops 9:00-12:30: pickleball 12:30-5:00PM: 1 court is reserved for hoops 5:00-8:00 pm: full court volleyball
				22	23	24
				6:00-8:45 am: 1 court is reserved for basketball 10:30-12:30: Pickleball 12:30-8:00 pm: 1 court is reserved for hoop	6-8:45 am: 1 court is reserved for basketball 9:00-12:00: Pickleball 12-6:30 PM: 1 court is reserved for hoops. 7:00 PM: MENS LG.	6-8:45 am: 1 court is reserved for hoops 10:30-12:30: Pickleball 12:30-8:00 pm: 1 court is for hoops 5-8pm: 1 court is reserved for volleyball
				26	27	28
				10:00am-1:00pm Court 1 reserved for basketball	6:00-8:45 am court 1 is reserved for hoops 10:30-12:30 pickleball 12:30-5pm: court 1 is reserved for basketball 5-8 pm: FULL COURT HOOPS	6-8:45 am: 1 court is reserved for basketball 9:00-12:00: Pickleball 12-6:30 PM: 1 court is reserved for hoops. 7:00 PM: MENS LG.
				29	30	31
				6:00-8:45 am: 1 court is reserved for basketball 10:30-12:30: Pickleball 12:30-8:00 pm: 1 court is reserved for hoop	6-8:45 am: 1 court is reserved for basketball 9:00-12:00: Pickleball 12-6:30 PM: 1 court is reserved for hoops. 7:00 PM: MENS LG.	6-8:45 am: 1 court is reserved for hoops 10:30-12:30: Pickleball 12:30-8:00 pm: 1 court is for hoops 5-8pm: 1 court is reserved for volleyball

# Gym Time Descriptions

- **PICKLEBALL** - Held in the gymnasium five mornings a week, check the schedule for exact times. This is pick-up play - a sign up board is used for players to create teams and players rotate each game. Free for Spinnaker members, or drop in rate of \$5.00 for non-members during the scheduled pickleball times.
- **PICK UP VOLLEYBALL** - Come and play co-ed volleyball on Tuesday and Friday nights in the gymnasium. Everyone is welcome to play. Free for Spinnaker members, or drop in rate of \$5.00 for non-members. **TUESDAY IS BOTH COURTS!**
- **OPEN COURT BASKETBALL**- One court open for basketball during open gym hours seven days a week. Check front schedule for days and times. Free for Spinnaker members, non-members pay regular drop-in rate (\$5 for residents, \$10 for nonresidents).
- **OPEN COURT PICKLEBALL** - During non-scheduled pickleball times and during open court, the gym is available for pickleball. Two courts maximum may be used for pickleball during open gym hours. Free for Spinnaker members, non-members pay regular drop-in rate (\$5 for residents, \$10 for nonresidents). There is no guarantee a court will be open for play as it is first come, first serve for any sport. If people are waiting the court is limited to 1 hour.
- **MEN'S BASKETBALL LEAGUE** - Games played at 7:00 pm on Monday and Thursday nights in the fall and winter months. The gymnasium is closed for the league only on these nights. Check schedule for exact dates.

**Please be respectful of the exercise classes that take place in the gym.**